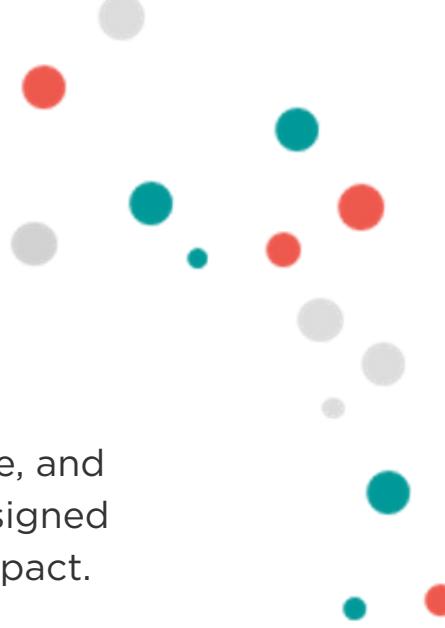




The Intentional Leader

Building intentional leaders through learning, practice, and shared insights.





About the program

The Intentional Leader is a 5-week practical, reflective, and collaborative leadership development experience designed to help you grow with confidence and make a real impact.

Through a combination of self-paced learning, self-reflection, peer collaboration, and real-world application, you will develop the skills, insights, and strategies you need to lead effectively.

You will engage in scenario-based exercises, guided reflections, and facilitated 'Insights' sessions to explore key concepts, share experiences and learnings, and plan your next steps towards intentional leadership.

Who should participate?

The Intentional Leader program is designed for new and emerging leaders, as well as experienced leaders who want to strengthen their people leadership skills, refresh their approach, and lead with greater confidence and impact.



The learning experience

The Intentional Leader program is a dynamic, multi-stage journey that encourages leaders to learn, reflect, practice, and share.



Self-paced learning

- 30 minutes per week
- Modules can be accessed 'on-the-go' via any device for busy leaders



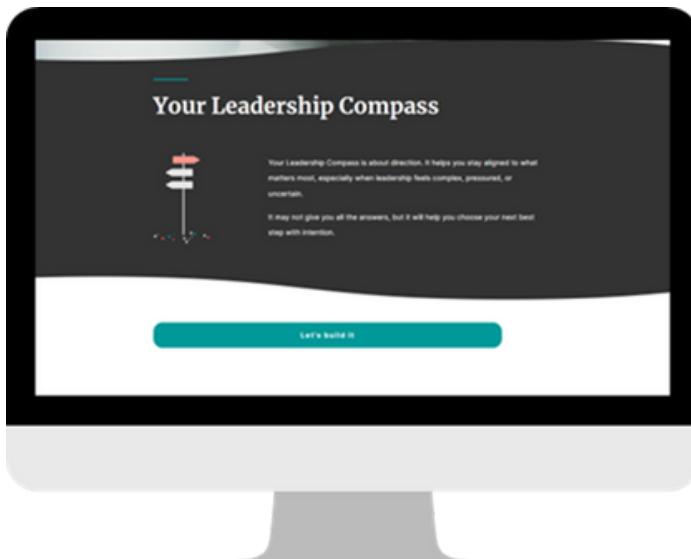
Intentional Leader Playbook

A self-development guide to record insights, complete self-assessments, develop action plans, and schedule follow-ups to track progress.



Insights workshops

- Facilitated workshops to explore key concepts, reflect on learnings, and share experiences
- 1 hour per week (virtual)



Research-led and practice-ready

Each module in The Intentional Leader program has been purposely designed to address the top priority and highest impact leadership development areas:



Your Leadership Identity

Develop self-awareness and understand your unique leadership style.



Leading with Emotional Intelligence

Understand and manage emotions to lead effectively.



Effective Communication and Feedback

Build trust and clarity through effective communication and feedback.



Motivating and Engaging Your Team

Inspire commitment, ownership, and collaboration within teams.



Managing Time and Boundaries

Balance priorities and maintain sustainable leadership habits.



Next steps

Visit our [website](#) to register your interest for upcoming 2026 intakes, or contact us with any questions.

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